

CERTIFICATE OF PARTICIPATION

This is to certify that

Frans Van Heerden

Has successfully participated & completed the
10km Cowhouse Winter Trail Run 2018
held at Cowhouse Market.

TIME 01:01:01

PACE 06:06/km
OVERALL 17 of 62

GENDER 11 of 27
OPEN 8 of 19

28 July 2018, Sat

Date



BoutTime

Signature

